



## 2010 Final Details

- **PACKING LIST:** Please follow the Packing List carefully. Keep in mind that this is a *camp*...not a resort. Thus, daily dress should be practical, simple, comfortable, and modest. Good, comfortable walking shoes or sandals are particularly important; flip-flops are highly discouraged as they are impractical for this setting.

- **DRIVING DIRECTIONS FORM:** Self-explanatory.

- **OPENING & CLOSING DAY SCHEDULES FORM:** Self-explanatory.

- **CAMP STORE / SPENDING MONEY:**

We will be operating a Camp Store at CYSC. The store will be open once in the afternoon each day for campers to purchase snacks. The store carries candy bars, chips, soda, fresh fruit, granola bars, and other camp trinkets. You can decide as a family how much money you want to send with your child for this purpose, but I would suggest \$15 for the week (\$3/day). I would also suggest that this money be sent in quarters or \$1 bills as the camp store carries limited change. As part of your camp registration fee, your child will be receiving another snack each night after club time.

As part of your camp registration fee, your child will be receiving a CYSC 2010 commemorative T-shirt. Additionally, CYSC souvenir apparel will be available for sale. Items available this year include **T-shirts, Sweatshirts** and other items. Prices range between \$15-\$40. These items will also be available for sale when you bring your child camp and when you pick up on the final day.

- **CONCERNING YOUR CHILD'S SAFETY:**

Please know that all aspects of your child's safety are our number one concern. Accordingly, we have chosen Pleasant Hill Outdoor Center, and Camp Otyokwah, whose professional programming staff are trained and certified in each of their respective areas of responsibility as well as in first aid. In addition, the mission and principles of Camp Otyokwah are based in Christian ideals, which of course, are the foundation of what we at Catholic Youth Summer Camp are all about. Next, we will have a certified nurse as part of the CYSC staff who will attend to all first aid issues, make all medical decisions, and will facilitate the dispensing of all medications throughout camp – you will meet the nurse upon arrival to camp. Finally, CYSC cabin counselors, programming staff, clergy, and administrators – those ages 18 and over – have submitted to an Ohio Bureau of Criminal Investigation and Identification (BCI&I) background check and have participated in the *Protecting God's Children* workshop as a condition of their being a member of the camp team. (By law, minors under the age of 18 cannot be submitted to BCI checks.)

- **CLERGY:**

Clergy from around the Columbus diocese will be in attendance throughout the week to celebrate daily Mass and to hear confessions.

- **POLICY REGARDING CELL PHONES AND OTHER ELECTRONIC DEVICES:**

Electronic devices of any type are strictly forbidden. Please leave these at home. Also, campers will not be permitted to have cell phones. Anyone choosing to bring these items to camp will have them confiscated and returned before leaving camp on the last day.

- **EMERGENCY CONTACT INFORMATION:**

We respectfully request that you refrain from contacting your child while they are at camp. If your child needs to reach you – for whatever reason – be assured that they will be given access to a phone to call you. In the event that you do need to reach us, please use the following numbers:

CYSC Office Phone at Camp: (614) 456-9422

Pleasant Hill Outdoor Center Camp Office: 419-938-3715

Camp Otyokwah Office: 419-883-3854

Bob Moraine (Director CYSC) Cell: 614-961-9720 (limited coverage)

## CYSC 2010 CAMPER PACKING LIST

**PLEASE BE SURE ALL ARTICLES ARE MARKED WITH YOUR NAME**

- Sleeping Bag and/or Bed Linens and Blankets. Lightweight bed sheets are a good idea because of the summer heat. (Label with name.)
  - A twin sized bed with mattress (bunks) will be provided.
  - Please be sure to bring your sleeping bag and bed linens in some type of other bag for clean storage.
- Bed Pillow (Label with name.)
- An inexpensive, twin-size, plastic mattress cover to cover the mattress on your bed/bunk. (optional)
- Casual, comfortable, clothes (shorts, T-Shirts, tank tops, etc.)
  - Clothing with inappropriate messages and innuendo are not permitted.
  - Be sure you have at least one pair of jeans or long pants for paintball.
  - 2 pair of tennis shoes and/or sandals...that will get dirty and wet!
  - 1 sweatshirt...just in case it gets cool.
  - 1 lightweight rain jacket or poncho...because we play even in the rain!!
  - NOTE: Flip-Flops are highly discouraged because of impracticality and safety concerns. You will be walking on dirt, gravel and grass – which will become very slippery in the event of rain.
- Appropriate Sleepwear
- **Modest** Swimwear
- 2 Beach Towels (Label with name.)
- A couple of large trash bags to put your dirty clothes in and to take your sleeping bag and bed linens home in.
- A good flashlight with a large beam is a must. (Label with your name.) Be sure to bring extra batteries...
- Personal Hygiene Items: soap, toothpaste, toothbrush, shampoo, deodorant, etc.
- Sun block and something for sunburn. (As you will be in the sun most of the day, be sure to bring whatever items you need to protect your skin or to soothe it in the event you get too much sun.)
- Bath Towels and Washcloth (bring a couple)
- Camera (Disposable-type cameras would be best...don't bring expensive camera equipment.) **(Mark with name.)**
- Insect Repellent (Skin-so-Soft, Skintastic, etc.), a small tube of anti-itch cream or topical Benadryl for bug bites.
- A Backpack to carry your stuff throughout the day is essential. (Label with name.)
- Bring along 3-4 Band-Aids, a small package of antibacterial wipes or the like, and a tube of first aid cream (i.e. Neosporin) for convenience. There will be a full-time nurse on staff at all times at the First-Aid station, but sometimes a little cut or blister isn't worth the hike for a bandage.
- A package of baby wipes is a good idea to have in your backpack for when you are not close to soap and water for hand washing.
- An insulated Water Bottle to carry along with you to daily activities is a must. (Label with name.)
- A Bible and Rosary...we'll be praying a decade each night.
- A Small Notebook / Journal (Label with your name on cover) and pen.
- Medications: **Important Note Regarding Medications:**
  - With the exception of asthma inhalers and EpiPens, no minor (under age 18) may possess any drugs (prescription or non-prescription) on their person or in their baggage at any time. Upon arrival to camp, all medications must be given to the camp nurse who will hold and disburse medications according to prescription directives.
  - All medications **must be in its original container with the attached prescription directives.** Medications not in an original container cannot be accepted.
  - It is requested that all **medications belonging to one camper be placed into one zip-lock bag and clearly labeled with the camper's name** using a label or permanent marker.
- Spending Money for snacks at Camp Store (around \$15...in quarters and \$1 bills)
- A few clothespins to hang wet clothing (clotheslines will be provided)

**Modesty Policy:** Inappropriate dress, which includes exposed undergarments, spaghetti strap shirts, bare midriff shirts or improper T-shirt logos **are not allowed**. Shoulder straps should be at least 1 in wide, and shorts should be at least as long as your fingers when to your side. **One-piece swim suits for all females**. If there are any violations of this policy, your camper will be asked to change, and if necessary, given something else to wear. Please check your child's bags before camp to save him/her the embarrassment and hassle of this having to be addressed.

**NOTE:** Electronic devices of any type are strictly forbidden. They detract from the experience of a week of Camp. Please leave these at home. Also, campers will not be permitted to have cell phones. Anyone choosing to bring these items to camp will have them confiscated and returned before leaving camp on the last day.

**DRIVING DIRECTIONS**  
**PLEASANT HILL OUTDOOR CENTER**  
**4654 PLEASANT HILL ROAD**  
**PERRYSVILLE, OH 44864**  
**PHOC: 419-938-3715**  
**Bob Moraine, CYSC Director, Cell Phone: 614-961-9720**

*From Central Columbus, about 1 hour 20 minutes:*

- Take I-71 North towards Cleveland
- Take the OH-97 exit (Exit 165) toward Lexington / Bellville
- Turn right (east) onto OH-97. Go 3 miles on OH-97
- Turn left onto Main St. / OH-13 / OH-97. Go 0.2 miles.
- Turn right and continue to follow OH-13 / OH-97. Go 0.2 miles
- Turn right onto OH-97 / Mill Rd. Go 5.2 miles on OH-97
- In the town of Butler, turn left onto Traxler St. Go 0.2 miles to stop sign.
- Turn left onto Grant St. / OH-95. Go 3.5 miles
- Turn right onto Pleasant Hill Rd. Go 2.2 miles through intersection with Forbes Rd.
- Turn right into Pleasant Hill Outdoor Center
- Drop off your camper at Lodge.
  - Immediately after you have dropped off your camper and their gear, please drive back out of the campground as you came in, driving directly across the road and parking your vehicle in the grassy area. (Please do not leave your car parked in front of the lodge.)
  - Please walk across the road, meeting up with your camper.
  - Please sign-in at the appropriate table according to the first letter of the camper's last name and obtain cabin assignment.
  - After signing-in, the parent/guardian and the camper must visit the camp nurse table to review the camper's medical form and to hand over any medications to the nurse.
  - Camper and parent/guardian – with the assistance of CYSC personnel – go to settle into cabin and to claim a bunk.

**DRIVING DIRECTIONS**  
**OTYOKWAH CAMP AND RETREAT CENTER**  
**3380 TUGEND RD.**  
**BUTLER, OH 44822**  
**Camp Otyokwah: 419-883-3854**  
**Bob Moraine, CYSC Director, Cell Phone: 614-961-9720**

*From Central Columbus, about 1 hour 20 minutes:*

- Take I-71 North towards Cleveland
- Take the OH-97 exit (Exit 165) toward Lexington / Bellville
- Turn right (east) onto OH-97. Go 3 miles on OH-97
- Turn left onto Main St. / OH-13 / OH-97. Go 0.2 miles.
- Turn right and continue to follow OH-13 / OH-97. Go 0.2 miles
- Turn right onto OH-97 / Mill Rd. Go 5.2 miles on OH-97
- In the town of Butler, turn left onto Traxler St. Go 0.2 miles to stop sign.
- Turn left onto Grant St. / OH-95. Go 0.7 miles
- Turn right onto Benedict Rd. (See sign for Camp Otyokwah) Go 1.2 miles to stop sign.
- Turn right onto Wilson Rd.
- Make immediate left onto Tugend Rd. Go 0.4 miles.
- Turn right into Otyokwah Camp and Retreat Center
- Drop off your camper at Hopewell Hall.
  - Immediately after you have dropped off your camper and their gear, please drive back out of the campground as you came in, driving directly across the road and parking your vehicle in the grassy area. (Please do not leave your car parked at Hopewell Hall.)
  - Please walk across the road, meeting up with your camper.
  - Please sign-in at the appropriate table according to the first letter of the camper's last name and obtain cabin assignment.
  - After signing-in, the parent/guardian and the camper must visit the camp nurse table to review the camper's medical form and to hand over any medications to the nurse.
  - Camper and parent/guardian – with the assistance of CYSC personnel – go to settle into cabin and to claim a bunk.

## 2010 OPENING / CLOSING DAY SCHEDULES

### June 27 / July 4 / July 26 / August 1 OPENING DAYS

Noon – 2:00 pm **Camper Arrival and Registration**

- Campers and Families may arrive anytime between Noon and 2:00p.m.  
***Please do not arrive earlier than Noon.***
- Check In / Review Medical Forms / Medications with Nurse
- Optional Self-guided Family Tours of Camp
- Campers meet Cabin Counselor and settle into Cabins

2:00 pm **Dismissal of Campers and Counselors to Activities**

2:00 pm **Parent Departure**

### July 2 / July 9 / July 31 / August 6 CLOSING DAYS

7:00 am **Rise & Shine**

8:00 am **Breakfast**

8:45 am **Morning Prayer**

9:00 am **Final Round of Activities**

Noon **Lunch**

12:30 pm **Packing / Cleaning / Cabin Inspections**

1:30 pm **Closing Mass**

Parents and families are welcome to attend. Please plan to arrive no later than 1:15 p.m. Please park all vehicles in the field immediately across the road from camp; please do not park vehicles in the parking lot at main camp.

3:00 pm **Camp Concludes / Campers Dismissed**